

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>Sample</h1>		10:00 Meditation Hour 10:30 Morning Exercise 11:00 Finish the Phrase 2:00 Famous Women Singers 2:30 Happy Hour 3:00 Bean Bag Toss 3:30 Sing It 5:30 Hand Massages	10:00 News and Views 10:30 Chair Exercises 11:00 Name 5 Game 2:00 Bingo 3:00 No Bake Cooking Class 3:30 Bowling 5:30 Evening Sensory Hour	10:00 Morning Chat 10:30 Thursday Exercise 11:00 Sing Along 2:00 Country Ride- Ice Cream 3:30 Raise Your Voice 5:30 Dominoes and Games	10:00 Happy News 10:30 Friday Fitness 11:00 Blurt It Out 2:00 Door Crafts 2:30 Songs and Facts on Motown 3:00 Cheese and Cracker Social 3:30 Tennis 5:30 Music Hour	10:00 Saturday Social 10:30 Saturday Exercise 11:00 Blurt It Out 2:00 ENTERTAINMENT by Michael Brown (<i>IL Lobby</i>) 3:00 Cookie Chat 3:30 Games and Puzzles 5:30 Evening Movie
10:00 Daily Chronicles 10:30 Morning Exercise 11:00 Hymn Sing 2:00 Adult Coloring Club 3:00 Sunday Sing Along 3:30 Tennis 5:30 Evening Movie	10:00 Daily Chronicles 10:30 Morning Exercise 11:00 Scattergories 2:00 Decorations for Senior Citizen Dance 3:00 Oldies Song Social 3:30 Basketball 5:30 Evening Relaxation	10:00 Daily Chronicles and News 10:30 Chair Exercise 11:00 Famous Faces 2:00 SENIOR CITIZEN DANCE with DJ (<i>IL Lobby</i>) 3:30 Afternoon Puzzles and Games 5:30 Art Night	10:00 Meditation Hour 10:30 Morning Exercises 11:00 Finish the Phrases 2:00 Dancing to Sonny and Cher 3:00 Smores Social 3:30 Beanbag Toss 5:30 What's That Smell	10:00 Happy News 10:30 Morning Exercise 11:00 Blurt It Out 2:00 Face Down 2:30 Happy Hour 3:00 Afternoon Stretch 3:30 Raise Your Voice 5:30 Card Games	10:00 Current Events and Chat 10:30 Morning Exercises 11:00 Remember When... 2:00 Rat Pack Music and Facts 3:00 Peach Pie Social 3:30 Soccer 5:30 Music Night	10:00 Remember the Times 10:30 Morning Exercise 11:00 Patriotic Sing Along 2:00 ENTERTAINMENT by Frank Plumer (<i>IL Lobby</i>) 3:00 Chips and Soda Social 3:30 Afternoon Gardening 5:30 Evening Movie
10:00 Sunday Chat 10:30 Chair Exercises 11:00 Gospel Songs 2:00 Dice Games 3:00 Sunday Sing Along 3:30 Soccer 5:30 Evening Movie	10:00 News and Views 10:30 Chair Exercises 11:00 Name that Tune 2:00 ENTERTAINMENT by Larry Scott 3:00 Popsicle Social 3:30 Bowling 5:30 Evening Chat	10:00 Meditation Hour 10:30 Morning Exercises 11:00 Scattergories 2:00 ELVIS DAY with Elvis Impersonator (<i>IL Lobby</i>) 3:00 Afternoon Games and Puzzles 3:30 Music Hour 5:30 Hand Massages	10:00 Current Events 10:30 Wednesday Work Out 11:00 Finish the Song 2:00 Paint Class 3:00 Smoothies 3:30 Basketball 5:30 Evening Sensory Hour	10:00 Morning Chat 10:30 Thursday Exercises 11:00 Blurt It Out 1:30 Bingo 2:00 Name That Tune 2:30 Happy Hour 3:00 Bowling 3:30 Raise Your Voice 5:30 Dominoes and Games	10:00 Happy News 10:30 Friday Fitness 11:00 Chinese Lunch Outing 2:00 Karaoke 3:00 Iced Tea and Cookie Social 3:30 Basketball 5:30 Music Hour	10:00 Saturday Chat 10:30 Saturday Exercise 11:00 CAR SHOW with Music and Refreshments 2:00 ENTERTAINMENT by Greg L. (<i>IL Lobby</i>) 3:00 Snack Attack Social 3:30 Ball Toss 5:30 Evening Movie
10:00 Current Events 10:30 Morning Exercise 11:00 Hymn Sing 2:00 Adult Coloring Club 3:00 Raise Your Voice 3:30 Ball Toss 5:30 Evening Movie	10:00 Daily Chronicles and News 10:30 Noodle Volley 11:00 Finish the Phrase 2:00 ENTERTAINMENT by Rayon 3:00 Root Beer Float Social 3:30 Ball Toss 5:30 Evening Relaxation	10:00 Tuesday Stretch 10:30 Volleyball 11:00 Remember When... 2:00 Country Singers 2:30 Happy Hour 3:00 Parachute Fun 3:30 Afternoon Sing Along 5:30 Art Night	10:00 Meditation Hour 10:30 Morning Exercise 11:00 Blurt It Out 2:00 Flower Art Class 3:00 Afternoon Social in the Garden 3:30 Volleyball 5:30 What's That Smell	10:00 Happy News 10:30 Chair Exercises 11:00 Sing Along 2:00 Pokeno 2:30 Happy Hour 3:00 Tennis 3:30 Raise Your Voice 5:30 Card Games	10:00 Current Events 10:30 Morning Exercise 11:00 Finish the Song Lyrics 2:00 Musical Sing Along 3:00 Fruit and Cheese Social 3:30 Bowling 5:30 Music Night	10:00 Remember the Times 10:30 Morning Exercise 11:00 Famous Faces 2:00 Music of the 60's 3:00 Saturday Social 3:30 Afternoon Gardening 5:30 Evening Movie
10:00 Happy News 10:30 Morning Exercise 11:00 Gospel Songs 2:00 Dominoes and Other Games 3:00 Sing It 3:30 Tennis 5:30 Evening Movie	10:00 Daily Chronicles and News 10:30 Morning Exercise 11:00 Name That Tune 2:00 ENTERTAINMENT by Josh P 3:00 Bowling 3:30 Sing It 5:30 Evening Chat	10:00 Meditation Hour 10:30 Chair Exercises 11:00 Famous Faces 2:00 Yahtzee Game Afternoon 2:30 Happy Hour 3:00 Basketball 3:30 Music Hour 5:30 Hand Massages	10:00 Current Events and Chat 10:30 Ball Toss 11:00 Finish the Phrase 3:30 Sing It 5:30 Evening Sensory Hour	10:00 World News 10:30 Noodle Volley 11:00 Blurt It Out 2:00 Country Ride with Snowballs 3:00 Hawaii Travelogue 3:30 Raise Your Voice 5:30 Dominoes and Games	<i>Activities are subject to change</i>	